



## **BICYCLING MAGAZINE**

<https://www.bicycling.com/training/a20004265/how-to-shift>

Good basic information on shifting gears.



## **THE LEAGUE OF AMERICAN BICYCLISTS**

<https://bikeleague.org/content/sharing-trail>

<https://bikeleague.org/content/getting-back-bike-watch-these-five-videos>

Introductory videos on riding skills, safety, fitting your bike, etc.



## **PEDALin' FOOLS**

<https://www.pedalinfools.com>

Complete bicycle service that comes to you at your location and convenience in the Merrimack Valley, Seacoast NH and Northshore MA.



## **RIVERSIDE CYCLES**

<https://www.riversidecycle.com>

Bike shop with locations in Newburyport and Haverhill.

## **REPAIR CAFÉ NEWBURYPORT**



[www.RepairCafeNBPT.org](http://www.RepairCafeNBPT.org)

[RepairCafeNBPT@gmail.com](mailto:RepairCafeNBPT@gmail.com)

A joint project of the Time Trade Network of Greater Newburyport and Toward Zero Waste Communities.